

how much does it cost?

All of our courses range in price, dependant on the course you are interested in.

You also have the choice to "opt out" of any particular training option if you have already previously completed it elsewhere.

You are only charged for the training that you enrol to attend, however there are some compulsory course components that must be completed.

The course cost includes a travel allowance, and we also provide a light lunch when training is for a full day.

The cost to complete all aspects of XLR8R Stores is \$645.00 (inc GST) per person.

Note: If you are in receipt of a benefit from Work and Income, you may be eligible to apply for financial assistance through Course Participation Allowance to cover the cost of attending any of our XLR8R courses.

qualifications and outcomes

what will I gain from this training?

As well as an increased knowledge of the Stores sector, upon completion of all of the above training components, you will have achieved;

- OSH Forklift Certificate
- Basic First Aid Certificate
- Safe in Store Pass
- FGC Food Handling Approved Pass
- A tailored CV pack including colour copies and CD
- XLR8R Stores Certificate of Achievement

how do I enrol to do a course?

Just complete the Registration of Interest Enrolment Form and post or fax it to us, or give us a call on:

freefone 0508 727 744

IT'S AS EASY AS THAT!



Get skilled for the Job **FAST**
with

XLR8R

Pre-Employment Training

**High Impact and High Quality
Short Courses
to help prepare you for jobs in**

STORES



 **sapphire**
CONSULTANTS

freefone 0508 727744

what is XLR8R training?

XLR8R (accelerator) training is an innovative new approach that assists you to achieve industry skills and qualifications FASTER, enabling you to be more quickly prepared for employment in a particular field.

XLR8R is a "complete" industry-training package that not only provides technical skills and qualifications, but will also show you how to "market" these skills to Employers in your specific industry.

Right now, you could spend weeks or even months, gathering the various qualifications and training you need. You would often have to enrol with a range of different training providers, travel to numerous venues and of course, invest a lot of money..... **OR**

You could attend one of our XLR8R programmes where all of the qualified and experienced Trainers are brought together under one roof, to provide you with what you need faster and more efficiently. All training topics are completed over a short period of time and most are delivered from the same venue for your convenience.

Course durations range from 4 to 6 days.

NOW THAT'S FAST!

when and where?

We offer courses at various locations in the Wellington Region and these are delivered "on demand". Once your Registration of Interest Enrolment has been received by us, and payment of course fees has been organised we will provide you with details of your course date and venue.

what training do I receive?

XLR8R STORES

Course duration: 4 days maximum

Course Content includes:

OSH Forklift Certificate

1 day course delivered by Qualified Forklift Driving Instructors

Operators MUST have this certificate to operate a forklift within the workplace. It is a requirement of the Department of Labour (formerly known as OSH)

Important Note: You must be over 15 years of age and must have prior (basic) forklift operating knowledge or experience.

Basic First Aid

1 day course delivered by Qualified First Aid Instructors

The course features **Cardio Pulmonary Resuscitation (CPR)** including practice on the manikins. At the conclusion of the course the participants should be able to recognise the signs and symptoms of a Heart Attack, Stroke, Cardiac or Respiratory Arrest, and choking. They will know how to deal with these situations until help arrives.

The **First Aid section** covers recognition and treatment of unconsciousness, bleeding, shock and wounds along with fractures burns and poisons. There is instruction and video on trauma and some interactive learning activities.

Upon successful completion of this training you will be accredited with NZQA unit 6401 and be issued with a Basic First Aid Certificate.

Workplace Health and Safety

Workshop that covers various aspects of workplace safety in the Stores environment and prepares you to complete the "Safe in Store" online training session

Safe in Store and Food Handling

The FGC Safe In-Store Pass is an industry-designed online course aimed at improving the safety of supplier representatives working in a retail store. It is the result of a collaborative effort between Retailers and the NZ Food & Grocery Council. This course allows you "the representative" to understand your responsibilities whilst in store and enables all parties to work together to create a safe workplace.

The FGC Food Handling Approved Pass will give food handlers in a retail environment the skills they need to act responsibly when handling food for public consumption.

Upon successful completion of this training you will be issued with a Certificate, which will be followed soon after by a "Safe in Store and FGC Food Handling Approved Pass".

CV, Job Searching and Interview Skills

1 day training session that will provide you with information about how to find employment and approach job interviews in the Stores industry. You will also be assisted to create a CV that is tailored to the Stores industry and will have your newly attained qualifications and training included in it. You will be provided with a comprehensive and professionally prepared CV pack, which includes coloured copies, a copy of your CV on CD and a range of other useful hand-outs

